Family and Consumer Sciences I (FACS) Course Syllabus

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School Phone: 225-265-3911
Conference Availability: During planning

Course Description

Family and Consumer Sciences I or FACS, is a survey course designed to introduce students to the many subject areas that fall under the FACS department umbrella. It is broad and comprehensive, enabling students to function effectively as consumers, homemakers, parents, employees or employers, and to balance these roles successfully. It empowers individuals and families across their life spans to manage the challenges of living and working in a diverse, global society. The unique focus is on families, work, and their interrelationships. Instruction strengthens basic academic skills in language arts, mathematics, science, and social studies, and develops critical-thinking skills through practical applications in real-life situations. Students gain a wide range of transferable skills that prepare them for multiple roles in today's society.

*Strengthening Family and Self* and *Goals For Living* are the texts used in this class. Textbooks will not be issued to students enrolled in the class.

Course Objectives

At the end of the Family and Consumer Sciences I course, the learner should be able to:

- Identify the parts of the Food Guide Pyramid.
- Discuss and describe the major eating disorders.
- Create an informational pamphlet or poster on eating disorders.
- Discuss the importance of healthy and nutritious eating.
- Complete a variety of food labs.
- Evaluate the influence of heredity on personal characteristics
- Explain how factors in the environment can influence growth and development.
- Explain how personality is related to self-concept, temperament, and human needs.
- Recognize sources of stress and identify healthy ways to manage stress.
- Use the decision-making process to make and evaluate decisions.
- Distinguish between short-term and long-term goals.
- Discuss different forms of nonverbal and verbal communication.
- Describe factors affecting effective communication.
- Recognize the positive and negative effects of peer pressure.
- Examine ways to improve relationships.
- Analyze dating behaviors.
- Recognize the importance of the parenting role.
Examine factors affecting the decision to become parents.
Outline basic body types and appropriate clothing for each body type.
Identify basic sewing tools.
Execute proper body measurements in relation to pattern sizing.
Practice reading pattern envelopes and identify pattern symbols.
Discuss and demonstrate proper pattern placement, pinning, cutting, and marking techniques.
Demonstrate correct use of basic sewing machine, including threading machine and bobbin.
Complete sewing lab project.

Course Concepts

Concept: Foods and Nutrition
Concept: Understanding Yourself
Concept: Functions of the Family
Concept: Culture and Family Structure
Concept: Effective Communication
Concept: Developing Relationships
Concept: Basics in Fashion and Clothing

Course Requirements, Supplies, and Evaluation Method

Supplies: Students Will Need the Following:

- $10.00 Lab Fee (cash or money order ONLY, due no later than September 6, 2013)
  Lab fee will be used to purchase supplies for foods and nutrition section of course.
- Binder with paper and dividers
- Writing instruments in dark color
- 4 yards of cotton fabric and matching thread. (Due by March 1, 2013)

Requirements:

- All FACS students are required to complete all projects, daily activities, homework, tests, and exams.

Evaluation Method:

- **Concept Topic Tests and Project Grades** ……….40%
  One or more concept or topic tests will be given per week.
  Several projects will be assigned throughout the course. Many will be given a grade equal to that of a concept test.

- **Daily / Quiz / Homework grades** …………………20%
  Composed of quizzes (one or two per week), in class activities and projects, bell ringer journal writings, and a notebook check at the end of each quarter.

- **Exam grades** …………………40%
  The exam for the second quarter will be comprehensive of the first and second quarter.
  The exam for the fourth quarter will be comprehensive of the third and fourth quarter.

Grading Scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93 – 100</td>
</tr>
<tr>
<td>B</td>
<td>85 – 92</td>
</tr>
<tr>
<td>C</td>
<td>75 – 84</td>
</tr>
<tr>
<td>D</td>
<td>67 – 74</td>
</tr>
<tr>
<td>F</td>
<td>0 – 66</td>
</tr>
</tbody>
</table>
**Video Notification**

Parents should be aware that a selection of approved educational and supplemental videos will be used as a regular part of the FACS curriculum. All require reflection and journaling at the conclusion of the video. Any questions and concerns should be directed to the teacher.

**Class Expectations**

* All students are expected to attend class daily.
* Students are expected to bring all necessary supplies to class.
* Follow instructions when given.
* Remain in assigned seats/area throughout the entire class period.
* Raise hand to be recognized.
* Respect the rights and privacy of others.
* Respect school property—desks, books, computers, equipment, etc.
* Follow dress code policy.
* Obey all class procedures.

**Class Cell Phone Policy**

* **STRIKE ONE**  
  Teacher holds phone until the end of class.

* **STRIKE TWO**  
  Teacher holds phone until second lunch.

* **STRIKE THREE**  
  Teacher turns phone into office with a discipline "pink slip".

**Academic Dishonesty Policy**

All students shall do their own work. Any student caught cheating during any graded activity, test, exam, etc. is placed on a pink discipline slip and receives a failing grade on that graded activity.

**Attendance Requirements**

➤ All students are required to attend school daily.
➤ Students that are absent and produce an excuse are allowed to make up any missed work.
➤ It is the student’s responsibility to discuss missed work with the teacher.
➤ Work missed due to excused absences is to be completed within 5 days after an excuse is brought in. Extra time shall be given in extreme circumstances.
➤ Students that miss more than 3 days unexcused will NF the course (1/2 unit courses).
  See student policy manual for more details.
Class Incomplete Work Policy

* If a student turns in inadequate or incomplete work, he/she will NOT be given an "F". He/she will be given and "I" for incomplete.
* The following is the school and parish policy for "I" grades:
  - If an "I" is not made up, the report card grade will be an "I".
  - If a student does not remove the "I" by completing the work adequately, the Final Grade will become an “F”. Thus, the student will fail the entire course – regardless of other grades.
* As stated in the St. James Parish Pupil Progress Plan: A grade of "I" shall be given to a student on the report card for incomplete work. The academic grade assigned to the incomplete work shall be lowered as follows (excluding a student with an extenuating circumstance):

<table>
<thead>
<tr>
<th>Number of School Days Late</th>
<th>Highest Academic Grade Possible To Earn</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 – 2</td>
<td>B</td>
</tr>
<tr>
<td>3 – 4</td>
<td>C</td>
</tr>
<tr>
<td>6+</td>
<td>F</td>
</tr>
</tbody>
</table>

Procedure for Continued Learning Following An Extreme Emergency

♦ See district website for announcements.

Online Communication Guidelines

♦ The word "netiquette" is short for "internet etiquette". You should be aware of the common rules of netiquette for the Web and other electronic communications:
  1. All electronic communication between the student and teacher shall be limited to the sanctioned sources (i.e., School Fusion and Moodle accounts) created for the students.
  2. Any electronic communication through any non-sanction means (i.e., texting, Facebook, etc.) is prohibited, per the district policy manual.
  3. You should review and follow the St. James Parish Public School System’s Internet Use Policy.

Possible Revisions

THE ABOVE SCHEDULE AND PROCEDURES IN THIS COURSE ARE SUBJECT TO CHANGE IN THE EVENT OF EXTENUATING CIRCUMSTANCES. ALL STUDENTS AND PARENTS WILL BE NOTIFIED OF CHANGES.
Parent / Student Acknowledgement

We have read the attached information and we understand the policies for this class.

______________________________________        ______________
(Parent/guardian signature)        (Date)

______________________________
(Parent's e-mail)        (Parent contact number)

______________________________
(Student's signature)        (Date)

Return to teacher by **Friday, August 9, 2013.**

Looking forward to a positive and productive year!