

This institution is an equal opportunity provider

MARCH 2020

St. James Parish Public Schools

Monday

2
 Red Beans w Sausage
 Steamed Rice
 Seasoned Greens
 Coleslaw
 Chilled Pears
 Applesauce (HS)
 Golden Cornbread
 Milk Choice

9
 White Beans/Ham
 Steamed Rice
 Seasoned Greens
 Creamy Coleslaw
 Sliced Peaches
 Fresh Fruit Choice (HS)
 Golden Cornbread
 Milk Choice

16
 Sloppy Joe / WG Bun
 French Fries
 California Blend
 Chilled Sliced Peaches
 Chilled Mixed Fruit Cup (HS)
 Choice of Baked Chips
 Milk Choice

23
 Red Beans w Sausage
 Steamed Rice
 Seasoned Greens
 Creamy Coleslaw
 Chilled Pears
 Applesauce (HS)
 Golden Cornbread
 Milk Choice

30
 White Beans ½-¾/Ham 2MM
 Steamed Rice ½-¾c
 Seasoned Greens 1/2c
 Creamy Coleslaw 1/2c
 Sliced Peaches 1/2c
 Fresh Fruit Choice (HS)
 Golden Cornbread 1 G.
 Milk Choice 8oz.

Tuesday

3
 Spaghetti w Meat Sauce
 Popeye Salad w (Spinach/
 Shredded Carrots)
 Seasoned Corn /WG Bread Sticks
 Marinara Sauce /Melon Cup
 Fruit Choice (HS)
 Milk Choice

10
 Beef-a-Roni
 Popeye Salad
 Seasoned Green Beans
 Chilled Mixed Fruit
 Chilled Peaches (HS)
 WG Bread Stick
 Milk Choice

17
 Chicken/ Pork/ Sausage Jambalaya
 White Beans
 Sweet Potatoes
 Chilled Mixed Fruit
 Chilled Pears (HS)
 WG Roll
 Milk Choice

24
 Spaghetti w Meat Sauce
 Popeye Salad w (Spinach
 Shredded Carrots)
 Seasoned Corn /WG Bread Sticks 1 G
 Marinara Sauce 2 oz. /Melon Cup 1/2c
 Applesauce (HS)
 Milk Choice

31
 Managers Choice

Wednesday

4
 Hamburger/ WG Bun
 Lettuce /Tomato / Pickle
 Potato Rounds
 Sunset Sip Juice
 Chilled Fresh Apple Halves
 Fresh Pears (HS) /Cookie
 Milk Choice

11
 Managers Choice

18
 Managers Choice

25
 Managers Choice

Thursday

5
 Meatloaf or Meatballs w Gravy
 Steamed Rice
 Mixed Veggies
 Steamed Broccoli
 Chilled Fruit Choice
 Banana (HS)
 WG Roll / Milk Choice

12
 Chicken/Pork/ Turkey Stew (Choice)
 Steamed Rice
 Steamed Garlic Broccoli
 Sweet Potatoes
 Fresh Fruit Oranges
 Banana (HS)
 WG Roll
 Milk Choice

19
 Baked Chicken
 Seasoned Rice
 Seasoned Green Beans
 Carrot Sticks
 WG Roll
 Chilled Orange
 Canned Fruit Choice (HS)
 Milk Choice

26
 Meatloaf or Meatballs w Gravy
 Steamed Rice
 Mixed Veggies
 Steamed Broccoli
 Chilled Fruit Choice
 Banana (HS)
 WG Roll / Milk Choice

Friday

6
 Pizza Cheese
 Dark Green Salad w Dressing
 Seasoned Corn
 Chilled Fruit Choice
 Fresh Fruit Choice (HS)
 Graham Crackers
 Milk Choice

13
 Fish Sticks
 Loaded Potatoes
 Mixed Vegetables
 Fresh Cantaloupe
 Fruit Choice (HS)
 WG Roll / Milk Choice

20
 Fish Portion on Bun
 Lettuce/Tomato /Pickle
 Potato Rounds
 Baked Beans
 Carrot Sticks w/Dip
 Chilled Melon
 Fruit Cup (HS)
 Milk Choice

27
 Pizza Cheese
 Dark Green Salad w Dressing
 Seasoned Corn
 Chilled Fruit Choice
 Fresh Fruit Choice (HS)
 Graham Crackers
 Milk Choice



Menus are subject to change