

This institution is an equal opportunity provider

St. James Parish Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday



1

\$200 DAY

2

\$200 DAY

3

\$200 DAY

6

\$200 DAY

7

Administrative Day
All Personnel

8

Administrative Day
All Personnel

9

Scrambled Eggs/ Toast/ Tots
Fruit Choice/ Juice/ Milk

10

Cinnamon Rolls/ Juice
Fruit Choice/ Milk

13

Muffin/ Fruit Choice
Juice / Milk

14

Biscuit/ Turkey Sausage
Fruit Choice/ Juice/ Milk

15

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

16

Belgium Waffles/ Syrup
Juice/ Fruit Choice / Milk

17

Scrambled Eggs/ Grits
Fruit Choice/ Juice/ Milk

20

Pancake on Stick/ Syrup
Fruit Choice/ Juice/ Milk

21

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

22

Biscuit/Chicken Patty
Fruit Choice/ Juice/ Milk

23

French Toast Sticks/Syrup
Fruit Choice/ Juice/ Milk

24

Grits/ Sausage/ Toast
Fruit Choice/ Juice / Milk

27

Pancake & Sausage Sandwich
Syrup/ Fruit Choice/ Juice/ Milk

28

Scrambled Eggs/ Toast/ Tots
Fruit Choice/ Juice/ Milk

29

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

30

Cinnamon Rolls/ Juice
Fruit Choice/ Milk

31

Waffles/ Syrup/ Fruit Choice
Juice/ Milk

Menus are subject to change

This institution is an opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday



6

\$200 DAY

7

Administrative Day
All Personnel

1

\$200 DAY

2

\$200 DAY

3

\$200 DAY

6

\$200 DAY

7

Administrative Day
All Personnel

8

Administrative Day
All Personnel

9

Baked Chicken
Seasoned Rice
Seasoned Green Beans
Carrot Sticks w Dip
Chilled Mixed Fruit
WG Rolls
Milk Choice

10

Beef /Cheese Soft Taco
Steamed Broccoli
Lettuce/ Tomato
Salsa/Sunset Sip
Fresh Apple Half
Cookie / Milk Choice.

13

Red Beans w Sausage
Steamed Rice
Seasoned Greens
California Blend Vegetables
Chilled Pears
Golden Cornbread
Milk Choice

14

Pepperoni Pizza
Steamed Corn
Dark Green Salad w/dressing
Fresh Red Grapes
Graham Crackers
Milk Choice

15

Pork Stew
Steamed Rice/Steamed Broccoli
Sweet Potatoes
Fresh Fruit Orange
WG Roll
Milk

16

Beef-a-Roni
Popeye Salad
Seasoned Green Beans.
Chilled Mixed Fruit
WG Garlic Bread Stick
Milk Choice

17

Breaded Chicken/WG Bun
Lettuce /Tomato
French Fries
Baked Beans
Celery Sticks w/Dip
Chilled Peaches
Milk Choice

20

Hamburger WG Bun
Lettuce/Tomato/Pickle
Potato Rounds
Chilled Fresh Apple Half
Cookie
Milk Choice

21

Spaghetti/Meat Sauce
Dark Green Salad w/Dressing
Seasoned Corn
Chilled Peaches
Garlic Bread Stick
Milk Choice

22

White Beans/Ham
Steamed Rice
Seasoned Greens
Creamy Coleslaw
Chilled Red/ Green Grapes
Cornbread/Milk Choice

23

Meatloaf /Gravy
Cream Potatoes
Steamed Broccoli
Chilled Fruit Choice
WG Roll
Milk Choice

24

Chicken Nuggets
Macaroni & Cheese
Seasoned Green Beans
Fresh Carrot Sticks w Dip
Chilled Melon Cubes
WG Roll / Milk Choice

27

Sloppy Joe / WG Bun
French Fries
California Blend
Chilled Sliced Peaches
Choice of Baked Chips
Milk Choice

28

Chicken/Pork/Sausage
Jambalaya 1G/ White Beans
Popeye Salad
Mixed Fruit Salad
WG Roll
Milk Choice

29

Beef Tacos/Tortilla
w/ Cheese
Lettuce / Diced Tomatoes
Salsa / Sunset Sip
Chilled Fruit Choice
Cookie / Milk Choice

30

Baked Chicken
Seasoned Rice
Seasoned Green Beans
Carrot Sticks w Dip
Chilled Watermelon Cubes
WG Rolls
Milk Choice

31

WG Corn Dogs
Baked Beans
French Fries or Tots
Chilled Orange Halves
Cookie Choice
Milk Choice

Menus are subject to change

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Monday

Tuesday

Wednesday

Thursday

Friday

3

HOLIDAY

4

Muffin/ Fruit Choice
Juice / Milk

5

Biscuit/ Turkey Sausage
Fruit Choice/ Juice/ Milk

6

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

7

Cinnamon Rolls/ Juice
Fruit Choice/ Milk

10

Pancake on Stick/ Syrup
Fruit Choice/ Juice/ Milk

11

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

12

Biscuit/Chicken Patty
Fruit Choice/ Juice/ Milk

13

French Toast Sticks/Syrup
Fruit Choice/ Juice/ Milk

14

Grits/ Sausage/ Toast
Fruit Choice/ Juice / Milk

17

Pancake & Sausage Sandwich
Syrup/ Fruit Choice/ Juice/ Milk

18

Scrambled Eggs/ Toast/ Tots
Fruit Choice/ Juice/ Milk

19

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

20

Cinnamon Rolls/ Juice
Fruit Choice/ Milk

21

Waffles/ Syrup/ Fruit Choice
Juice/ Milk

24

Muffin/ Fruit Choice
Juice / Milk

25

Biscuit/ Turkey Sausage
Fruit Choice/ Juice/ Milk

26

Belgium Waffles /Syrup
Juice/Fruit Choice/Milk

27

Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

28

Scrambled Eggs/ Grits
Fruit Choice/ Juice/ Milk



[Enter Additional Info]

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Monday
HOLIDAY
Tuesday
3
 Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/dressing
 Fresh Red Grapes
 Graham Crackers
 Milk Choice

Wednesday
4
 Pork Stew
 Steamed Rice
 Steamed Broccoli
 Sweet Potatoes
 Fresh Orange Quarters
 WG Roll
 Milk Choice

Thursday
5
 Beef-a-Roni
 Popeye Salad
 Seasoned Green Beans
 Chilled Mixed Fruit
 WG Garlic Bread Stick
 Milk Choice

Friday
6
 Breaded Chicken / WG Bun
 Lettuce/Tomato
 French Fries
 Baked Beans
 Celery Sticks w/Dip
 Chilled Melon
 Milk Choice

7
 White Beans / Ham
 Steamed Rice
 Seasoned Greens
 Creamy Coleslaw
 Chilled Red/ Green Grapes
 Cornbread / Milk Choice

10
 Spaghetti / Meat Sauce
 Dark Green Salad w/Dressing
 Seasoned Corn
 Chilled Peaches
 Garlic Bread Stick
 Milk Choice

11
 Hamburger / WG Bun
 Lettuce/Tomato/Pickle
 Potato Rounds
 Chilled Fresh Apple Half
 Cookie
 Milk Choice

12
 Meatloaf / Gravy
 Steamed Rice
 Steamed Broccoli
 Sweet Potatoes
 Strawberry Cup
 WG Roll
 Milk Choice

13
 Chicken Nuggets
 Macaroni & Cheese
 Seasoned Green Beans
 Fresh Carrot Sticks w Dip
 Chilled Watermelon Cubes
 WG Roll
 Milk Choice

14
 WG Corn Dogs
 Baked Beans
 French Fries or Tots
 Chilled Orange
 Milk Choice

17
 Chicken/Pork/Sausage
 Jambalaya / White Beans
 Popeye Salad
 Mixed Fruit Salad
 WG Roll
 Milk Choice

18
 Beef Tacos w/Tortilla
 w/ Shredded Cheese
 Lettuce / Diced Tomato
 Salsa / Sunset Sip
 Chilled Fruit Choice
 Cookie
 Milk Choice

19
 Baked Chicken
 Cream Potatoes
 Seasoned Green Beans
 Carrot Sticks w Dip
 Chilled Watermelon Cubes
 WG Rolls
 Milk Choice

20
 Sloppy Joe / WG Bun
 French Fries
 California Blend
 Chilled Sliced Peaches
 Choice of Baked Chips
 Milk Choice

21
 Red Beans / Sausage
 Steamed Rice
 Seasoned Greens
 Creamy Coleslaw
 Chilled Pears
 Golden Cornbread
 Milk Choice

24
 Breaded Chicken /WG Bun
 Lettuce/Tomato
 French Fries / Baked Beans
 Celery Sticks w/Dip
 Chilled Melon
 Milk Choice

25
 Turkey Stew
 Steamed Rice
 Steamed Broccoli
 Sweet Potatoes
 Fresh Fruit Orange
 WG Roll
 Milk Choice

26
 Beef-a-Roni
 Popeye Salad
 Seasoned Green Beans
 Chilled Mixed Fruit
 WG Garlic Bread Stick
 Milk Choice

27
 Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/dressing
 Fresh Red Grapes
 Graham Crackers
 Milk Choice

28

Menus are subject to change



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St. James Parish Public Schools

Monday
Tuesday
Wednesday
Thursday
Friday
1

 Pancake on Stick/ Syrup
Fruit Choice/ Juice/ Milk

2

 Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

3

 Biscuit/Chicken Patty
Fruit Choice/ Juice/ Milk

4

 French Toast Sticks/Syrup
Fruit Choice/ Juice/ Milk

5

 Grits/ Sausage/ Toast
Fruit Choice/ Juice / Milk

8

 Pancake & Sausage Sandwich
Syrup/ Fruit Choice/ Juice/ Milk

9

 Scrambled Eggs/ Toast/ Tots
Fruit Choice/ Juice/ Milk

10

 Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

11

 Cinnamon Rolls/ Juice
Fruit Choice/ Milk

12

 Waffles/ Syrup/ Fruit Choice
Juice/ Milk

15
Fall Break
16
Fall Break
17

 Muffin/ Fruit Choice
Juice / Milk

18

 Belgium Waffles/ Syrup
Juice/ Fruit Choice / Milk

19

 Scrambled Eggs/ Grits
Fruit Choice/ Juice/ Milk

22

 Pancake on Stick/ Syrup
Fruit Choice/ Juice/ Milk

23

 Biscuit/Chicken Patty
Fruit Choice/ Juice/ Milk

24

 Cereal/Graham Crackers
Fruit Choice/ Juice/ Milk

25

 French Toast Sticks/Syrup
Fruit Choice/ Juice/ Milk

26

 Grits/ Sausage/ Toast
Fruit Choice/ Juice / Milk

29

 Pancake & Sausage Sandwich
Syrup/ Fruit Choice/ Juice/ Milk

30

 Scrambled Eggs/ Toast/ Tots
Fruit Choice/ Juice/ Milk

31

 Scrambled Eggs/ Toast/ Tots
Fruit Choice/ Juice/ Milk

Menus are subject to change

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St. James Parish Public Schools

Monday

1
 Spaghetti / Meat Sauce
 Dark Green Salad w/Dressing
 Seasoned Corn
 Chilled Peaches 1
 Garlic Bread Stick./Milk Choice.

Tuesday

2
 Hamburger / WG Bun
 Lettuce./Tomato /Pickle
 Potato Rounds
 Chilled Fresh Apple Half
 Cookie
 Milk Choice

Wednesday

3
 White Beans /Ham
 Steamed Rice
 Seasoned Greens
 Coleslaw
 Chilled Red/ Green Grapes
 Cornbread / Milk Choice

Thursday

4
 Meatloaf / Gravy
 Cream Potatoes
 Steamed Broccoli
 Chilled Fruit Choice
 WG Roll
 Milk Choice

Friday

5
 Chicken Nuggets
 Macaroni & Cheese
 Seasoned Green Beans
 Fresh Carrot Sticks w Dip
 Chilled Watermelon Cubes
 WG Roll / Milk Choice

8
 Sloppy Joe WG Bun
 French Fries
 California Blend
 Chilled Sliced Peaches
 Choice of Baked Chips
 Milk Choice

9
 Chicken/Pork/Sausage Jambalaya
 White Beans
 Popeye Salad
 Mixed Fruit Cup
 WG Roll
 Milk Choice

10
 Beef Tacos
 w Shredded Cheese
 Tortilla Flour
 Lettuce 1/Tomato
 Salsa / Sunset Sip
 Chilled Fruit Choice
 Cookie / Milk Choice.

11
 Baked Chicken
 Seasoned Rice
 Seasoned Green Beans
 Carrot Sticks w Dip
 Chilled Watermelon Cubes
 WG Rolls
 Milk Choice

12
 WG Corn Dogs
 Baked Beans
 French Fries or Tots
 Chilled Orange (Elem)
 Strawberry Cup (High)
 Milk Choice

15
 Fall Break

16
 Fall Break

17
 Red Beans w Sausage
 Steamed Rice.
 Seasoned Greens
 Sweet Potatoes
 Chilled Pears
 Golden Cornbread
 Milk Choice

18
 Beef-a-Roni
 Popeye Salad
 Seasoned Green Beans
 Chilled Mixed Fruit
 WG Garlic Bread Stick
 Milk Choice.

19
 Pepperoni Pizza
 Steamed Corn
 Dark Green Salad w/dressing
 Fresh Red Grapes
 Graham Crackers
 Milk Choice

22
 Hamburger w/ WG Bun
 Lettuce/Tomato/Pickle
 Potato Rounds
 Chilled Fresh Apple Half
 Cookie
 Milk Choice

23
 Spaghetti /Meat Sauce
 Dark Green Salad /Dressing
 Seasoned Corn.
 Chilled Peaches
 Garlic Bread Stick.
 Milk Choice

24
 White Beans / Ham
 Steamed Rice
 Seasoned Greens
 Sweet Potatoes
 Chilled Red/ Green Grapes
 Cornbread WG / Milk Choice

25
 Meatloaf /Gravy
 Cream Potatoes
 Steamed Broccoli
 Chilled Fruit Choice
 WG Roll
 Milk Choice

26
 Chicken Nuggets
 Macaroni & Cheese
 Seasoned Green Beans
 Fresh Carrot Sticks w Dip
 WG Roll / Milk Choice

29
 Sloppy Joe / WG Bun
 French Fries
 California Blend
 Chilled Sliced Peaches
 Choice of Baked Chips
 Milk Choice

30
 Chicken/Pork/Sausage Jambalaya
 White Beans.
 Popeye Salad
 Mixed Fruit Salad
 WG Roll
 Milk Choice

31
 Beef Tacos w/Tortilla
 W Shredded Cheese
 Lettuce / Tomato
 Salsa / Sunset Sip
 Chilled Fruit Choice
 Cookie / Milk Choice

Menus are subject to change

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St. James Parish Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday



			1 Cereal/Graham Crackers Fruit Choice/ Juice/ Milk	2 Waffles/ Syrup/ Fruit Choice Juice/ Milk
5 Muffin/ Fruit Choice Juice / Milk	6 Biscuit/ Turkey Sausage Fruit Choice/ Juice/ Milk	7 Cereal/Graham Crackers Fruit Choice/ Juice/ Milk	8 Belgium Waffles/ Syrup Juice/ Fruit Choice / Milk	9 Scrambled Eggs/ Grits Fruit Choice/ Juice/ Milk
12 Pancake on Stick/ Syrup Fruit Choice/ Juice/ Milk	13 Cereal/Graham Crackers Fruit Choice/ Juice/ Milk	14 Biscuit/Chicken Patty Fruit Choice/ Juice/ Milk	15 French Toast Sticks/Syrup Fruit Choice/ Juice/ Milk	16 Grits/ Sausage/ Toast Fruit Choice/ Juice / Milk
19 HOLIDAY	20 HOLIDAY	21 HOLIDAY	22 HOLIDAY	23 HOLIDAY
26 Pancake & Sausage Sandwich Syrup/ Fruit Choice/ Juice/ Milk	27 Scrambled Eggs/ Toast/ Tots Fruit Choice/ Juice/ Milk	28 Cereal/Graham Crackers Fruit Choice/ Juice/ Milk	29 Cinnamon Rolls/ Juice Fruit Choice/ Milk	30 Waffles/ Syrup/ Fruit Choice Juice/ Milk

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St. James Parish Schools

Monday

Tuesday

Wednesday

Thursday

Friday



5
Red Beans w Sausage
Steamed Rice
Seasoned Greens
Sweet Potatoes
Chilled Pears
Golden Cornbread
Milk Choice

6
Pepperoni Pizza
Steamed Corn
Dark Green Salad w/dressing
Fresh Red Grapes
Graham Crackers
Milk Choice

7
Beef-a-Roni
Popeye Salad
Seasoned Green Beans.
Chilled Mixed Fruit
WG Garlic Bread Stick
Milk Choice

1
Baked Chicken
Cream Potatoes
Seasoned Green Beans
Carrot Sticks w Dip.
Chilled Melon Cubes
WG Rolls
Milk Choice

2
WG Corn Dogs
Baked Beans
French Fries or Tots
Fresh Orange
Milk Choice.

12
Spaghetti/ Meat Sauce
Dark Green Salad w/Dressing
Seasoned Corn
Chilled Peaches
Garlic Bread Stick.
Milk Choice

13
White Beans /Ham
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Red/ Green Grapes
Cornbread / Milk Choice

14
Hamburger WG Bun
Lettuce./Tomato/Pickle
Potato Rounds
Banana
Cookie
Milk Choice

8
Chicken / Sausage Gumbo
Steamed Rice
Potato Salad
Broccoli Florets w Carrots w Dip
Fresh Oranges
WG Crackers
Milk Choice

9
Breaded Chicken/ WG Bun
Lettuce/Tomato
French Fries
Baked Beans
Fresh
Milk Choice

15
Turkey Roast w Gravy
Rice Dressing.
Seasoned Peas
Sweet Potatoes.
Chilled Mixed Fruit
WG Roll.
Thanksgiving Cake/ Milk Choice

16
Chicken Nuggets
Macaroni & Cheese
Seasoned Green Beans.
Fresh Carrot Sticks w Dip
Chilled Fresh Apple Half
WG Roll / Milk Choice

19
HOLIDAY

20
HOLIDAY

21
HOLIDAY

22
HOLIDAY

23
HOLIDAY

26
Sloppy Joe / WG Bun
French Fries
California Blend
Chilled Sliced Peaches
Choice of Baked Chips
Milk Choice

27
Chicken/Pork/Sausage
Jambalaya / White Beans.
Popeye Salad
Mixed Fruit Salad
WG Roll
Milk Choice

28
Beef Tacos
w/ Shredded Cheese
Tortilla
Lettuce / Tomato
Salsa / Sunset Sip
Chilled Fresh Pear
Cookie / Milk Choice

29
Baked Chicken.
Seasoned Rice
Seasoned Green Beans
Carrot Sticks w Dip
Chilled Satsumas (2)
WG Rolls
Milk Choice

30
WG Corn Dogs
Baked Beans
French Fries or Tots
Chilled Fresh Apple Half
Cookie
Milk Choice

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Muffin/ Fruit Choice Juice / Milk</p>	<p>4</p> <p>Biscuit/ Turkey Sausage Fruit Choice/ Juice/ Milk</p>	<p>5</p> <p>Cereal/Graham Crackers Fruit Choice/ Juice/ Milk</p>	<p>6</p> <p>Belgium Waffles/ Syrup Juice/ Fruit Choice / Milk</p>	<p>7</p> <p>Scrambled Eggs/ Grits Fruit Choice/ Juice/ Milk</p>
<p>10</p> <p>Pancake on Stick/ Syrup Fruit Choice/ Juice/ Milk</p>	<p>11</p> <p>Cereal/Graham Crackers Fruit Choice/ Juice/ Milk</p>	<p>12</p> <p>Biscuit/Chicken Patty Fruit Choice/ Juice/ Milk</p>	<p>13</p> <p>French Toast Sticks/Syrup Fruit Choice/ Juice/ Milk</p>	<p>14</p> <p>Grits/ Sausage/ Toast Fruit Choice/ Juice / Milk</p>
<p>17</p> <p>Pancake & Sausage Sandwich Syrup/ Fruit Choice/ Juice/ Milk</p>	<p>18</p> <p>Scrambled Eggs/ Toast/ Tots Fruit Choice/ Juice/ Milk</p>	<p>19</p> <p>Cereal/Graham Crackers Fruit Choice/ Juice/ Milk</p>	<p>20</p> <p>Waffles/ Syrup/ Fruit Choice Juice/ Milk</p>	<p>21</p> <p>HOLIDAY</p>
<p>24</p> <p>HOLIDAY</p>	<p>25</p> <p>HOLIDAY</p>	<p>26</p> <p>HOLIDAY</p>	<p>27</p> <p>HOLIDAY</p>	<p>28</p> <p>HOLIDAY</p>
<p>31</p> <p>HOLIDAY</p>				



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Monday

Tuesday

Wednesday

Thursday

Friday

3
Hamburger / WG Bun
Lettuce/Tomato/Pickle
Potato Rounds
Chilled Fresh Apple Half
Cookie
Milk Choice

4
Spaghetti / Meat Sauce
Dark Green Salad w/Dressing
Seasoned Corn
Chilled Peaches
Garlic Bread Stick
Milk Choice

5
White Beans / Ham
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Red/ Green Grapes
Cornbread / Milk Choice

6
Chicken/Sausage Gumbo
Steamed Rice
Potato Salad
Broccoli Florets w/LF Dip
Chilled Fresh Orange Halves
WG Crackers
Milk Choice

7
Chicken Nuggets
Macaroni & Cheese
Seasoned Green Beans
Fresh Carrot Sticks w/LF Dip
Chilled Melon Cubes
WG Roll/ Milk Choice

10
Red Beans / Sausage
Steamed Rice
Seasoned Greens
Creamy Coleslaw
Chilled Pears
Golden Cornbread / Milk Choice

11
Breaded Chicken /WG Bun
Lettuce/Tomato
French Fries / Baked Beans
Celery Sticks w/Dip
Chilled Melon
Milk Choice

12
Turkey Stew
Steamed Rice
Steamed Broccoli
Sweet Potatoes
Fresh Fruit Orange
WG Roll/Milk Choice

13
Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
WG Garlic Bread Stick
Milk Choice

14
Pepperoni Pizza
Steamed Corn
Dark Green Salad w/dressing
Fresh Red Grapes
Graham Crackers
Milk Choice

17
Sloppy Joe / WG Bun
French Fries
California Blend
Chilled Sliced Peaches
Choice of Baked Chips
Milk Choice

18
Beef Tacos w/Tortilla
w/ Shredded Cheese
Lettuce / Diced Tomato
Salsa / Sunset Sip
Chilled Fruit Choice
Cookie
Milk Choice

19
Turkey Roast w Gravy
Rice Dressing.
Seasoned Peas
Sweet Potatoes.
Chilled Mixed Fruit
WG Roll.
Thanksgiving Cake/ Milk Choice

20
WG Corn Dogs
Baked Beans
French Fries or Tots
Chilled Orange Halves
Cookie Choice or Graham Crackers
Milk Choice

21
HOLIDAY

24
HOLIDAY

25
HOLIDAY

26
HOLIDAY

27
HOLIDAY

28
HOLIDAY

31
HOLIDAY



Menus are subject to change